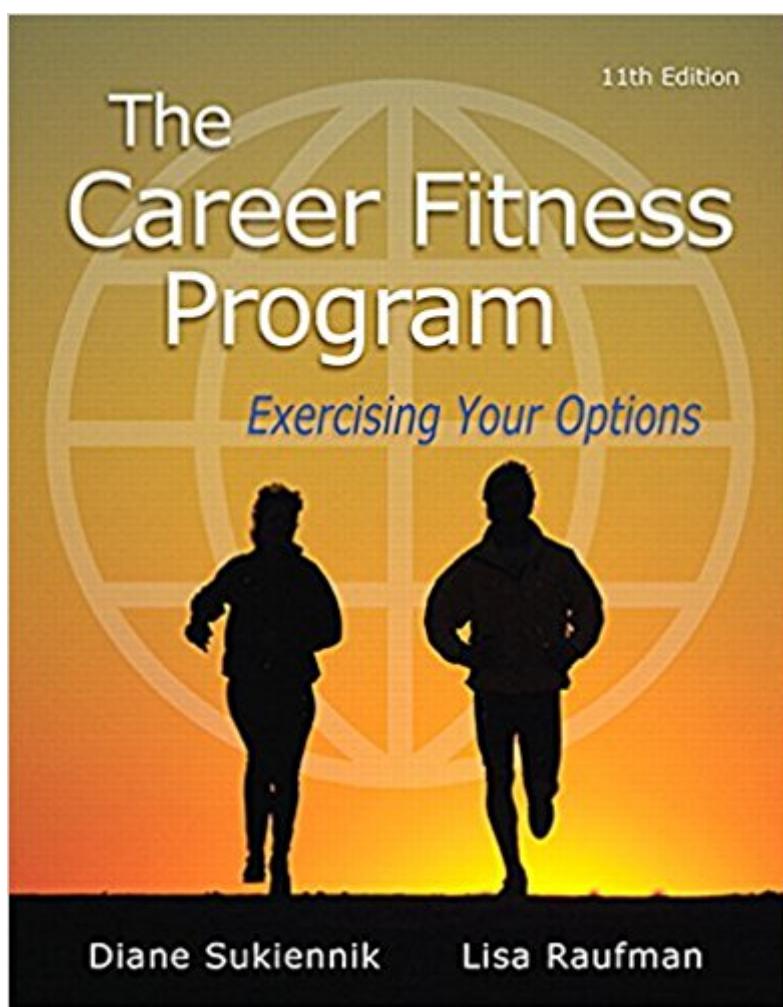


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# The Career Fitness Program: Exercising Your Options (11th Edition)



## Synopsis

NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab products, you may also need a Course ID, which your instructor will provide.   Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's MyLab products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase.   This book is designed to help learners choose, change, or confirm career choices. The Career Fitness Program is firmly focused on today's career realities and economy—with sufficient breadth to encourage change and growth for learners of all ages, backgrounds, and circumstances. User-friendly, easy to read, and appropriate for all learners, it provides three teaching and learning career handles-choice, change, and confirmation—that help students find their career fit.

For career choice, the book follows the standard sequence of career search and decision-making issues—Personal Assessment, World of Work, and Job Search. For career change, it offers critical questions that go beyond facts and figures to help learners focus on “What’s in it for me?” especially when changing careers. For career confirmation, it provides direction, understanding, and reassurance, showing learners how skills acquired in college are transferable to the world of work.   Also Available with MyStudentSuccessLab. This title is also available with MyStudentSuccessLab—an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Within its structured environment, students practice what they learn, test their understanding, and pursue a plan that helps them better absorb course material and understand difficult concepts.

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The Career Fitness Program: Exercising Your Options MyStudentSuccessLab should only be purchased when required by an instructor.

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## Customer Reviews

A career is not a 100-yard dash it's a lifelong marathon! • Katie Scott-Garcia, Santa Fe College • Thorough, Concise, and User Friendly. • Jonathan Brent Ellis, Hillsborough CC-Dale Mabry campus • Hands On, User Friendly, Relevant. • Ailene Crakes, San Diego Mesa College • Engaging, informative, user friendly. • Belen Torres-Gil, Rio Hondo College • Relevant, understandable, valuable. • Cheryll LeMay, Diablo Valley College • Easy to read, lots of resources and student friendly. - Wendy Walker, Dutchess Community College

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Great, book. I had no trouble understanding it. The information given is useful when centering yourself on a career path. I do admit 20 years was to long to decide on a career as a nurse. But that's what makes this book great. I now have a objective in which I will grow and succeed through returning to school for training for my goals. I am thankful for the Career Fitness Exercise.

All of the pages I need for my class are ripped out of this stupid book and now I'm going to fail my online class for this useless book!!!!

Pages have what looks like water damage. Cover is bent and curls up, inside of cover page dirty black marks.

Rented this book only to find all of the exercises and vital chapters torn out. This book is rendered useless and should not be rented out again.

good

Very real world examples and tips.

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